

Bahamas Baptist Sports Federation
Track & Field Classic
Saturday 16th November 2024
Thomas A. Robinson Stadium

- Facilities:** The Thomas A. Robinson Stadium is a 400m Beynon track with eight lanes. The long jump will be held on the Western side near the V.I.P stand.
- Spikes:** Pyramid spikes of 1/4." (6mm) or smaller are allowed for track, long & triple jump events. For high jump and javelin throw 8mm or smaller. No Christmas Tree, pin or needle spikes.
- Eligibility:** Athletes Under-7 to Masters (Over-50) Males, Females & Mixed.
- Entry Deadline:** The entry deadline for all entries is **Friday 1st November 2024**. All entries should be submitted on the official form to TEK Results via tmoss@locbahamas.org. No additions will be made after this date -- scratches ONLY.
- Entries Fee:** The entry fee will be \$5.00 per athlete. Check payments are payable to **Bahamas Baptist Sports Federation**. The entry fee must be paid at the time of drop off.
- Technical:** Technical Meeting will be held on **Tuesday 12th November 2024**, 6:00pm at **Baptist Church** during this time only scratches can be made. Failure to scratch an athlete who is not competing, the team will be responsible to pay for no show athletes.
- Performance List:** Athletes performance list, heat sheets and packages will be available for viewing and pickup on **Thursday 14th November 2024**, 6:00pm at **Baptist Church**.
- Heats/Flights:** Each Church is allowed 2 athletes ONLY per individual event. Each athlete will receive three attempts in the field events.
- Event Check In:** Athletes must check in with the Marshall 20 minutes prior to the start of their event.
- Timing:** Finishlynx Timing system and HyTek will be used.
- Meet Results:** Meet results will be given from the announcer's booth and <https://tekresults.net>.
- Questions:** Please direct all questions to the Mr. Brent Stubbs at 426-7265 or tmoss@locbahamas.org.

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Events

Under-7 Boys & Girls (Born 2018 and after)

50m, Egg & Spoon Race, 4x50m Mixed Shuttle Relay (2 boys/2girls)

Under-11 Boys and Girls (Born 2014 to 2017)

75m, Softball Throw, 4x100m Mixed (2B/2G)

Under-15 Boys and Girls (Born 2010 to 2013)

100m, 400m, Long Jump, 4x100m Relay (2B/2G), 4x400m Mixed Relay (2B/2G)

Under-20 Boys and Girls (Born 2005 to 2009)

100m, 200m, 400m, 800m, 1500m, Long Jump, High Jump, Shot Put, 4x100m Relay, 4x400m Relay

Open (Under 30) Men and Women (Born 1995 to 2004)

100m, 200m, 400m, 800m, 1500m, Long Jump, High Jump, Shot Put, 4x100m Relay, 4x400m Relay

Under 50 Men and Women (Born 1975 to 1994)

100m, 400m, Long Jump, Shot Put, 4x100m Relay, 4x400m Mixed Relay (2M/2W)

Masters Men and Women (50 and over) (Born 1974 or before)

100m, 400m Walk, Tug-A-War, 4x100m Mixed Relay (2M/2W)

Ministers (Pastor/Deacons/Evangelist)

50m, 50m Mixed Shuttle Relay (2M/2W)

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|---------|-----------------------------------|---------------------------------------|
| 11:00am | 50m Under-7 Girls | 4x50m Ministers Mixed Shuttle Relay |
| | 50m Under-7 Boys | 11:00am Softball Throw Under-11 Girls |
| | 75m Under-11 Girls | Long Jump Under-15 Boys |
| | 75m Under-11 Boys | High Jump Under-20 Girls |
| | 100m Under-15 Girls | Shot Put Under-30 Women |
| | 100m Under-15 Boys | Shot Put Under-50 Women |
| | 100m Under-20 Girls | |
| | 100m Under-20 Boys | |
| | 100m Under-30 Women | |
| | 100m Under-30 Men | |
| | 100m Under-50 Women | 12:00pm Softball Throw Under-11 Boys |
| | 100m Under-50 Men | Long Jump Under-20 Girls |
| | 100m Over-50 Women | High Jump Under-20 Boys |
| | 100m Over-50 Men | Shot Put Under-30 Men |
| | 50m Ministers Mixed | Shot Put Under-50 Men |
| 12:30pm | 400m Under-15 Girls | |
| | 400m Under-15 Boys | |
| | 400m Under-20 Girls | |
| | 400m Under-20 Boys | |
| | 400m Under-30 Women | |
| | 400m Under-30 Men | 1:00pm Long Jump Under-20 Boys |
| | 400m Under-50 Women | High Jump Under-30 Men |
| | 400m Under-50 Men | Shot Put Under-20 Girls |
| | 400m Walk Over-50 Women | |
| | 400m Walk Over-50 Men | |
| 1:20pm | 4x50m Under-7 Mixed Shuttle Relay | |
| | 4x100m Under-11 Mixed Relay | |
| | 4x100m Under-15 Girls Relay | |
| | 4x100m Under-15 Boys Relay | |
| | 4x100m Under-20 Girls Relay | |
| | 4x100m Under-20 Boys Relay | |
| | 4x100m Under-30 Women Relay | |
| | 4x100m Under-30 Men Relay | 2:00pm Long Jump Under-30 Women |
| | 4x100m Under-40 Women Relay | Long Jump Under-50 Women |
| | 4x100m Under-40 Men Relay | High Jump Under-20 Boys |
| | 4x100m Over-50 Mixed Relay | Shot Put Under-20 Boys |

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2:20pm	800m Under-20 Girls 800m Under-20 Boys 800m Under-30 Girls 800m Under-30 Boys	
2:50pm	200m Under-20 Girls 200m Under-20 Boys 200m Under-30 Women 200m Under-30 Men	
3:30pm	1500m Under-20 Girls 1500m Under-30 Women 1500m Under-20 Boys 1500m Under-30 Men	3:00pm Long Jump Under-30 Men Long Jump Under-50 Men High Jump Under-30 Women Tug-A-War Over-50
4:00pm	4x400m Under-15 Mixed Relay 4x400m Under-20 Girls Relay 4x400m Under-20 Boys Relay 4x400m Under-30 Women Relay 4x400m Under-30 Men Relay 4x400m Under-40 Mixed Relay	